

Adult Learners

This is a list of books about, by and for adult learners. It includes:

- Books written by adult learners, particularly those that talk about the experience of going back to school as an adult and its importance in their life;
- Books about the learning process for adults; and
- Books about the experience of being an adult learner.

Other books about learners' experiences are contained in the booklist *Publishing Student Writing in Catalog 1*. These books are all in English and in paperback format unless stated otherwise.

Publications by Students

Fearless Freewriting

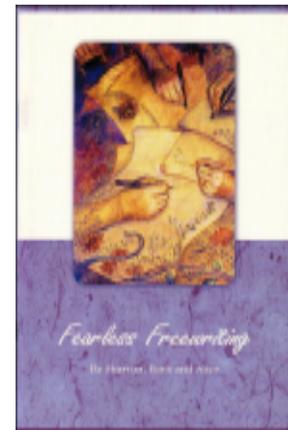
by Sharon, Barb and Alice

Fearless Freewriting was written by adult learners for adult learners. It provides a very clear explanation of the technique: "Freewriting is putting words on paper without worrying about grammar or spelling or getting things right." The book addresses common fears about writing and how to overcome them, and talks about the advantages of freewriting.

The authors point out the benefits to learners not only in their writing, but also in their personal lives. "When the words you write come from your own thinking, then writing is a way to express yourself. We find that freewriting helps us to learn about the things that are on our minds." They offer both suggestions for teachers using freewriting in class and encouragement for reluctant writers.

As it is written by adult learners, this book is clear and simple and will be useful to anyone, whether teacher or learner, native speaker or not. Not only practical, this book has a lot of personality.

Price: \$6.00
Publisher: Learning at the Centre Press
ISBN: 0-9687155-0-8
Year of Publication: 2000
Place of Publication: Edmonton, AB, Canada
Length/Size: 24 pages, 5.25 x 8.25 inches, portrait
Peppercorn Title #: 701-0003



Adult Learners

Students Meeting Students Putting a Student Conference Together

by *Mary Norton, ed.*

An account by a group of students of a conference they organized. A step-by-step description of how they organized the event and a practical guide to organizing a conference. "We wrote this book to let other students know you can organize a conference too."

Price: \$6.00

Publisher: Learning at the Centre Press

ISBN: 0-9687155-1-6

Year of Publication: 2000

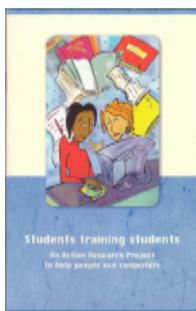
Place of Publication: Edmonton, AB, Canada

Length/Size: 56 pages, 5.25 x 8.25 inches, portrait
Peppercorn Title #: 701-0002

Students Training Students An Action Research Project to Help People Use Computers

by *Wanda Colgan & Andrea Pheasey, eds.*

An introduction to computers written by a group of adult students at the Learning Centre in Alberta. Group members did research, learned about computers and trained others. They wrote this book to share their learning experiences with other adult learners. It covers: some fears about computers; some facts about using computers; steps in the project; and, what the students found out from the survey. A useful little book for students starting out with computers.



Price: \$6.00

Publisher: Learning at the Centre Press

ISBN: 0-9687155-4-0

Year of Publication: 2000

Place of Publication: Edmonton, AB, Canada

Length/Size: 18 pages, 5.25 x 8.25 inches, portrait
Peppercorn Title #: 701-0001

Peer Tutoring

Getting Our Own Education Peer Tutoring & Participatory Education in an Adult Literacy Centre

by *Mary Norton*

Getting Our Own Education describes a peer tutoring project and how it led to the development of participatory education at the Learning Center Literacy Association. It also outlines some approaches to involve and support peer tutors.

Price: \$15.00

Publisher: Learning at the Centre Press

ISBN: 0-9698539-3-9

Year of Publication: 1997

Place of Publication: Edmonton, AB, Canada

Length/Size: 60 pages, 8.5 x 11 inches, portrait
Peppercorn Title #: 700-0004

Tutor and Learn A Handbook for Peer Tutors

by *Mary Norton*

This handbook, written by and for students, is about ideas and methods for peer tutoring in adult education & literacy work. It provides a step-by-step explanation of how peer tutoring can work for adult literacy students. An excellent introduction for anyone learning to read, or teaching adult learners.

Price: \$7.00

Publisher: Learning at the Centre Press

ISBN: 0-9698539-4-7

Year of Publication: 1997

Place of Publication: Edmonton, AB, Canada

Length/Size: 64 pages, 5.25 x 8.25 inches, portrait
Peppercorn Title #: 700-0005

These books are available by themselves, or as part of the *With a Common Thread* kit (700-0006) which also includes a 12 minute video, *Our Story about Peer Tutoring* (700-0003), one copy of *Getting Our Own Education* and three copies of *Tutor and Learn*.

Adult Learners

Women Getting Together

by The Women's Health Group at the Learning Centre

A supplement to *Learning for our Health* (700-0001), this is a photo-story about a women's health group at the Learning Centre. It explores simply how a woman only group can contribute to adult learning.

Price: \$4.00

Publisher: Learning at the Centre Press

ISBN: 0-9698539-8-X

Year of Publication: 1998

Place of Publication: Edmonton, AB, Canada

Length/Size: 10 pages, 5.5 x 7.5 inches, portrait

Peppercorn Title #: 700-0002

Adult Learning

Learning How to Study: 1

by Chris Winberg

Learning How to Study 1 is an essential guide for all first year college students. The guide helps students to develop independent and critical views and directs the students towards taking responsibility for their own learning.

Price: \$10.00

Publisher: Juta & Company

Series: The Teaching and Learning Series

ISBN: 0-7021-4114-3

Year of Publication: 1995

Place of Publication: Cape Town, South Africa

Length/Size: 106 pages, 7.25 x 9.75 inches, portrait

Peppercorn Title #: 620-0019

Learning How to Study: 3

by Chris Winberg

This book explores some of the key philosophical and theoretical issues underlying the production of knowledge. It encourages students to develop their own theoretical position regarding these underlying issues. *Learning How to Study 3* seeks to integrate theoretical and practical approaches, showing the relevance of theory to practice, thereby enabling students to think about what they do and why they do it. By learning about theory, students are encouraged to become more critical, informed and wise decision-makers.

Price: \$10.00

Publisher: Juta & Company

Series: The Teaching and Learning Series

ISBN: 0-7021-3889-4

Year of Publication: 1999

Place of Publication: Cape Town, South Africa

Length/Size: 103 pages, 6.75 x 9.5 inches, portrait

Peppercorn Title #: 620-0021

Learning How to Study: 2

by Chris Winberg, Shirlane Douglas & Brian Watermeyer

Learning How to Study 2 helps students to better understand the process through which knowledge is produced and its origins. Students are guided through critical thought and analysis, and are shown how to present their ideas and views to others.

Price: \$10.00

Publisher: Juta & Company

Series: The Teaching and Learning Series

ISBN: 0-7021-4071-6

Year of Publication: 1996

Place of Publication: Cape Town, South Africa

Length/Size: 121 pages, 6.75 x 9.5 inches, portrait

Peppercorn Title #: 620-0020

Adult Learners

Building on Experience

A Course in Recognition of Prior Learning

by Donna White

"*Building on Experience* is a course designed to assist adults, particularly those in the adult, community and further education sector, to document their prior learning, and then be able to actively apply for recognition of prior learning (RPL) in either further education or employment.

"The course is nominally 30 hours in duration and is designed to be delivered over a series of weeks. The three main areas covered are: the identification and documentation of skills; planning a career direction and training needs; applying for RPL.

Includes detailed session notes including weekly teaching and planning strategies, learning activities, students handouts, assessment tasks, and a bibliography of resources."

Price: \$24.00

Publisher: Language Australia

ISBN: 0-7306-7475-4

Year of Publication: 1995

Place of Publication: Melbourne, Australia

Length/Size: 110 pages, A4, portrait

Format: spiral-bound

Peppercorn Title #: 800-0026

Readers About Adult Learners

Beginner Level

My Name is Selina Mabiletsa

by Chris van Wyk

Selina Mabiletsa could not read and write, but she had a happy life with her husband Joe. "Joe is my eyes," Selina always said. Then everything went wrong and trouble came to Thokoza where she lived. Selina now had to be strong on her own.

This is the story of one woman's struggle for survival and the surprising way in which her newly developing writing skills came to her rescue. Written for beginning level readers. Illustrated. Includes a word list.

Price: \$6.00

Publisher: ViVa Books

ISBN: 1-874932-24-7

Year of Publication: 1996

Place of Publication: Johannesburg, South Africa

Length/Size: 18 pages, A5, portrait

Peppercorn Title #: 600-0037

My New World

by Georgina Conway

Tells the experience of being bullied at school and the serious repercussions this had on the author's life. The author has actively sought to combat a lack of self-esteem and confidence by attending adult education classes.

Price: \$6.00

Publisher: Gatehouse

ISBN: 0-906253-56-X

Year of Publication: 1998

Place of Publication: Manchester, UK

Length/Size: 28 pages, A5, portrait

Peppercorn Title #: 940-0005

Cassette

Peppercorn Title #: 940-0048, \$6.00



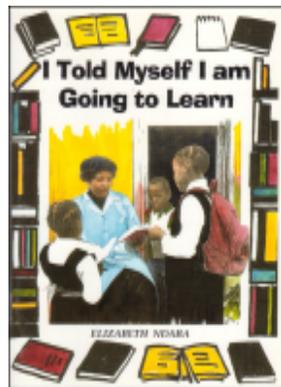
Adult Learners

I Told Myself I am Going to Learn

by *Elizabeth Ndaba*

Elizabeth wanted to be a good mother. But she knew she must make time to learn to read. In *I Told Myself* she tells how she struggled to go to a literacy class. She tells how she found the courage to tell her family that she could not read, and how she stood up to her husband who did not want her to succeed. It is a personal story that many people will understand.

Elizabeth Ndaba, the author, is a domestic worker in Johannesburg, South Africa. She wrote this story after attending literacy classes with the English Literacy Project (ELP). This very popular title is presented as a photo story. Written for beginning level readers.



Price: \$7.00
 Publisher: ViVa Books
 ISBN: 1-874932-93-X
 Year of Publication: 2001
 Place of Publication: Johannesburg, South Africa
 Length/Size: 26 pages, A5, portrait
 Peppercorn Title #: 600-0050

A Woman on Her Own

by *Margaret Fulcher*

A collection of five pieces in which Margaret describes her life bringing up a child on her own and learning to read and write.

Price: \$6.00
 Publisher: Gatehouse
 ISBN: 0-906253-03-9
 Year of Publication: 1978
 Place of Publication: Manchester, UK
 Length/Size: 22 pages, A5, portrait
 Peppercorn Title #: 940-0007

Some Chance!

by *Hugh Brown & Margaret Brown*

A mother of three children goes back to school. Her story is described by her, her husband, her mother, and her course tutor.

Price: \$6.50
 Publisher: Brown & Brown
 ISBN: 1-870596-52-8
 Year of Publication: 1995
 Place of Publication: Wigton, Cumbria, UK
 Length/Size: 24 pages, A5, portrait
 Peppercorn Title #: 925-0012

Exercises

Price: \$7.00
 Peppercorn Title #: 925-0013

Advanced Level

The Lesson

by *Lisa Eichhorn*

The Lesson is about a literacy class which takes place in Crossroads in 1980. It is a story about stories: during the lesson, the participants tell their life stories, and make discoveries about themselves and each other. Illustrated with black and white drawings. Includes a word list.

Price: \$5.00
 Publisher: Kagiso
 Series: Project Literacy
 ISBN: 0-7986-4718-3
 Year of Publication: 1997
 Place of Publication: Pretoria, South Africa
 Length/Size: 25 pages, 6.5 x 9.5 inches, portrait
 Peppercorn Title #: 630-0020

